

Working together to prevent suicide

Thursday 4 July

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Corporate Director, Children and Adults
Nottingham City Council

Working Together to Prevent Suicide



PAPYRUS
PREVENTION OF YOUNG SUICIDE

A person is shown from the side, working on a laptop. They are holding a smartphone in their right hand. A large, semi-transparent blue circle is overlaid on the image, containing the text. The background is softly blurred, showing a desk and some papers.

Sarah Skelton
Head of Programme
Development



Who We Are

How big of an issue
is suicide?

5,829

Total number of
suicides in the UK
in 2017?

1,591

Total number of
young suicides in
the UK in 2017?

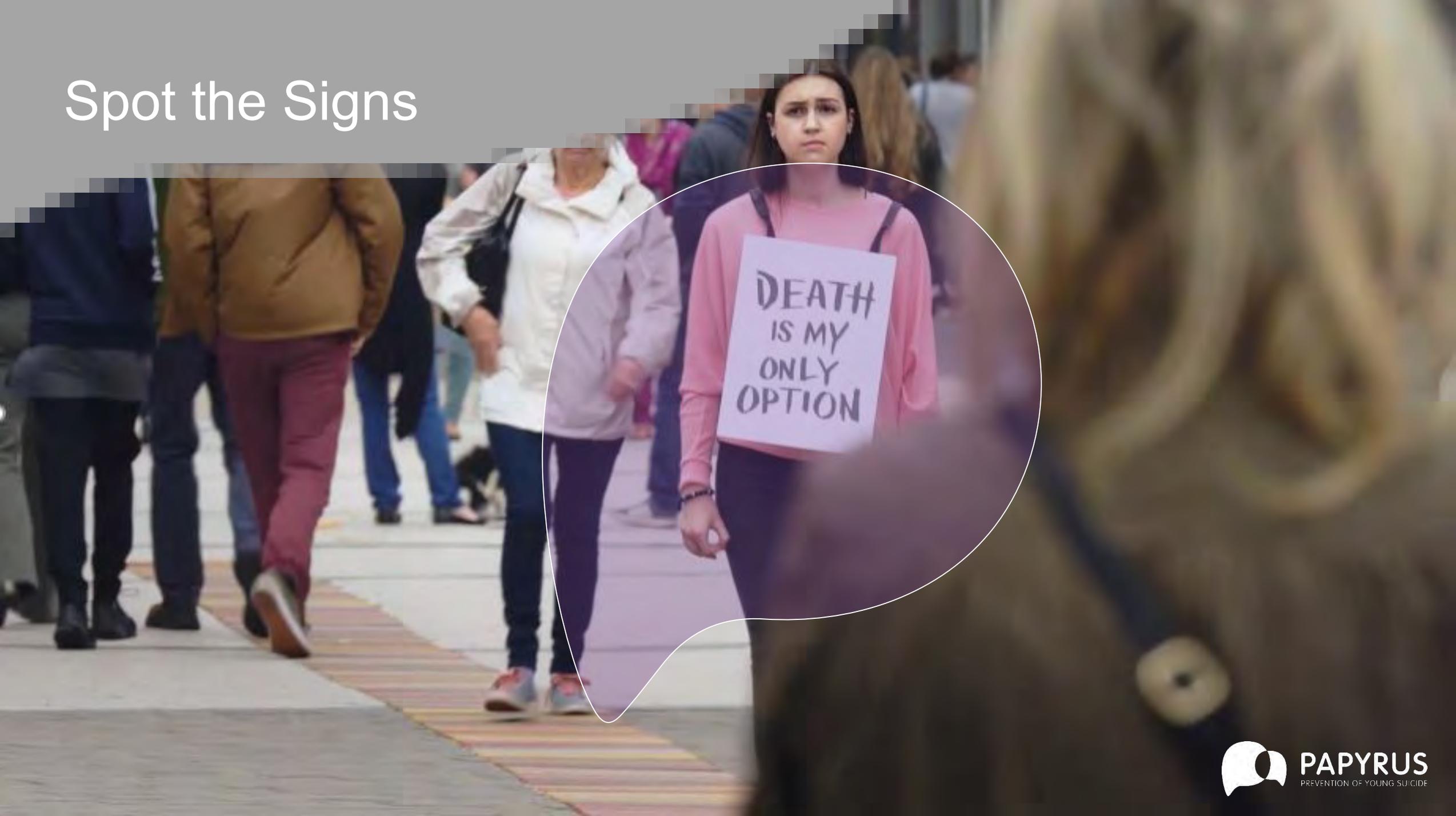
200+

Total number of
**school age
children** who die
by suicide every
year?

What is change to you?



Spot the Signs



- View the short video about spotting the signs of suicide used in this workshop via YouTube:

<https://youtu.be/e7n7hs7T38s>

- This is part of Papyrus's #SpotTheSigns campaign, read more about it here:

- <https://papyrus-uk.org/spotthesigns/>



Working
Together

Training



SP-OT
Suicide Prevention –
Overview Training

SP-EAK
Suicide Prevention –
Explore, Ask, Keep
Safe

ASIST
Applied Suicide
Intervention Skills
Training



CALL HOPELINEUK
0800 068 41 41

OPENING HOURS

Monday to Friday

10.00a.m – 10.00p.m.

Weekends and Bank Holidays

2.00p.m – 10.00p.m.





Thank
You



1

Wear a
wristband

2

HOPELINEUK
cards

3

Talk to a friend

4

Fundraise
for us

5

Sign up for
training

6

Follow us on
social media

Greater Manchester Suicide Prevention Programme

Adele Owen QPM

Greater Manchester Health & Social Care Partnership

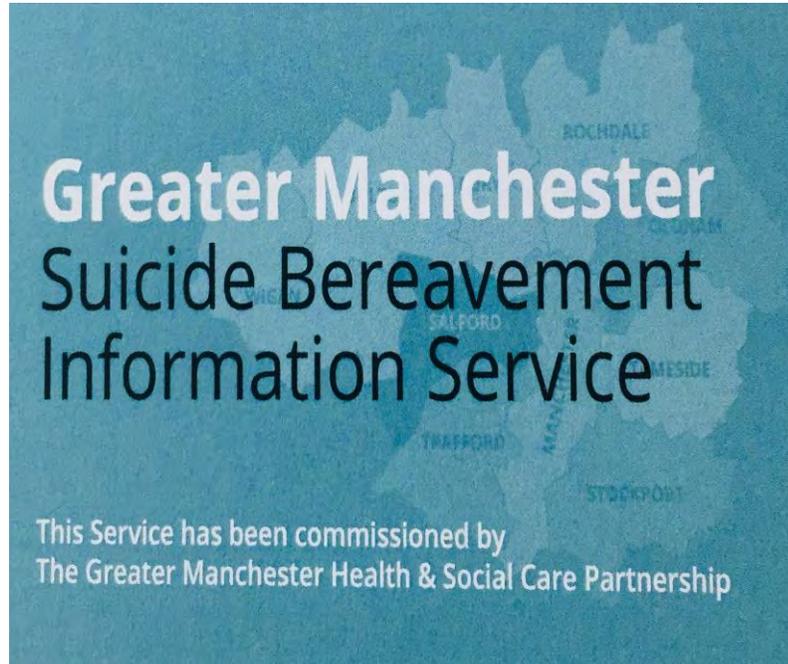
Overview

- ❑ Suicide Prevention Governance
- ❑ Current campaign and GM Pilots
- ❑ Other Relevant Programmes

The logo for Greater Manchester Health and Social Care Partnership is displayed on a dark blue rectangular background. The text is arranged in four lines: 'Greater' (white), 'Manchester' (white), 'Health and' (light grey), and 'Social Care Partnership' (light grey). A thick yellow horizontal line is positioned below the text.

Greater
Manchester
Health and
Social Care
Partnership

Current Campaigns and GM Pilots



**Greater Manchester
Suicide Bereavement
Information Service**

This Service has been commissioned by
The Greater Manchester Health & Social Care Partnership

The logo features a teal background with a faint map of Greater Manchester. The map labels include: ROCHDALE, SALFORD, TRAFFORD, STOCKPORT, and MANCHESTER. The text is overlaid on the map.



**TOGETHER WE CAN
HELP PREVENT SUICIDE**

#shiningalightonsuicide
shiningalightonsuicide.org.uk

SHINING A LIGHT ON
SUICIDE

The poster has a black background. On the right side, there is a large yellow teardrop shape. The text is in white and yellow. The hashtag and website are in yellow.

Real Time Surveillance

- "Real-time suicide surveillance is a system that enables consideration of interventions required after a death has occurred where the circumstances suggest suicide in advance of the coroners conclusion." (PHE 2016)



The icon shows three stylized human figures in red, orange, and blue, standing together and holding hands, symbolizing support and community.

'Shining a Light on Suicide' Campaign

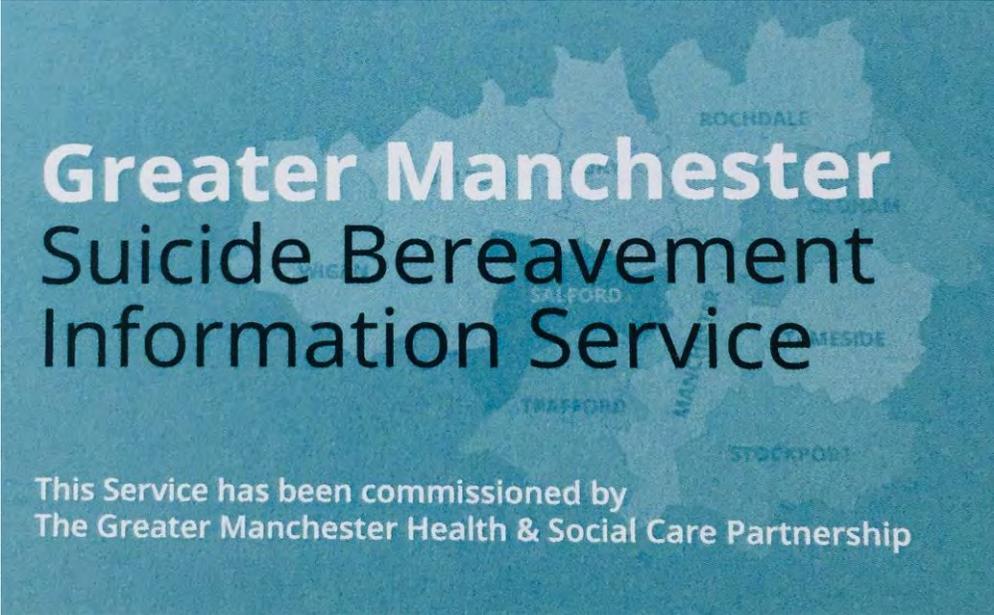


**ENCOURAGE
SOMEONE TO TALK
BEFORE SUICIDE
SEEMS THEIR ONLY
OPTION**

SHINING A LIGHT ON
SUICIDE



Greater Manchester Suicide Bereavement Information Service



Greater Manchester Suicide Bereavement Information Service

This Service has been commissioned by
The Greater Manchester Health & Social Care Partnership

A confidential information service
for people bereaved or affected by suicide

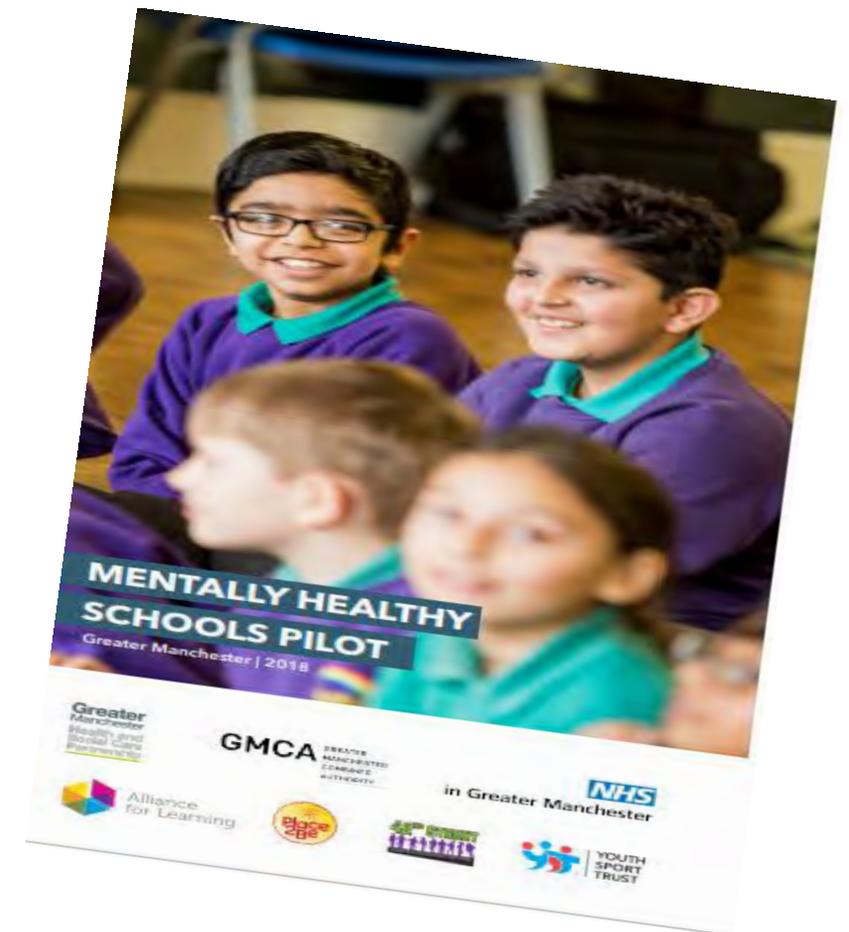
Telephone: 0161 212 4919

Monday - Friday 10am - 4pm
(Excluding bank holidays)

Website: www.shiningalightonsuicide.org.uk

GM Mentally Healthy Schools Programme

Commissioned by the Greater Manchester Health & Social Care Partnership to explore new ways of preventing mental health issues in young people through school-based interventions.



Key Findings

“The students involved reported enjoying learning about mental and physical health which helped them to improved their confidence, skills and knowledge.”



“Middle leaders reported enjoying the training and improved attitude towards mental health.”

“School leaders reported increased confidence in dealing with students with mental health problems, improved knowledge about how to refer students to specialised services, and increased awareness about the importance of staff health and wellbeing.”



GM Universities Mental Health Service



‘Greater Manchester is the first place in the country to establish a dedicated centre to help support Higher Education students with mental health needs thanks to a new partnership between the region’s four universities – the University of Manchester, Manchester Metropolitan University, the University of Bolton and the Royal Northern College of Music and the Greater Manchester Health and Social Care Partnership.’

Resources For Wider Use

- The GM partnership recently launched a website for use across the city region and beyond to as a helpful resource:

<http://www.shiningalightonsuicide.org.uk/>

- This website includes a link to a short online training course by NHS MerseyCare about spotting the signs of suicide and talking more openly about it:

https://www.relias.co.uk/hubfs/ZSACourse3/story_html5.html?utm_source=Relias&utm_campaign=Training-Landing-Page

Thank you for listening

Any Questions?

Contact details:
adele.owen1@nhs.net

Children
and young
people

CRISIS CARE PATHWAY



Pathway Overview

June 2019

GMCA GREATER
MANCHESTER
COMBINED
AUTHORITY

Greater Manchester Health and Social Care Partnership

NHS

in Greater Manchester

Current reality



The Voice of CYP

1. We pledge to deliver care at a time and place and in a way that works for you.
2. We pledge to give you the right amount of help for the right length of time to keep you safe and supported.
3. We pledge to organise our services around you and your needs.
4. We pledge when you are in crisis, services will be quickly available, responsive and flexible.
5. We pledge people working with you will be well trained and supported so they feel confident to better help you when you are struggling.
6. We pledge you and those who care for you will be fully involved in your care, every step of the way.
7. We pledge different services and different agencies will work together.
8. We pledge that movement between services will be clear and planned.
9. We pledge to be transparent and clear with you about your care.

Principles of REACH-IN

- Recovery focused and Responsive
- Evidence Based and Effective
- Accessible and Available
- Comprehensive
- Holistic
- Integrated
- Needs Led



Children
and young
people

CRISIS CARE PATHWAY



Children
and young
people

**CRISIS CARE
PATHWAY**

Further Info

www.penninecare.nhs.uk/gmccp

Questions?

Have you considered joining an ADCS Policy Committee?

See <https://adcs.org.uk/committees/home>