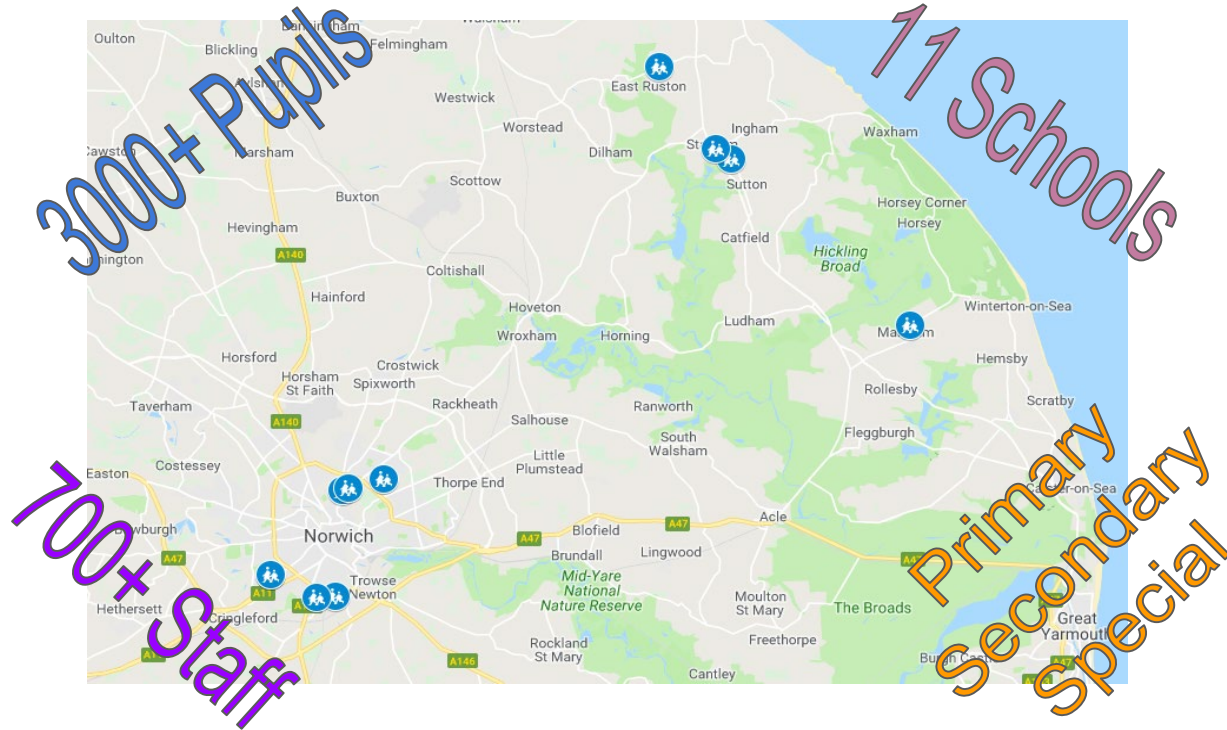


Boudica Schools Trust (BST) operates 11 schools across Norfolk, covering **Primary**, **Secondary** and **Special** Education in both rural and urban areas



## Defining the problem?

- Children with poor emotional wellbeing/mental health are more likely to
  - be absent from school
  - be excluded from school
  - experience poorer attainment
- It's not the tip of an iceberg
- It's not all about Covid
- BST's experience

## What has BST done/are we doing?

### Pre-Covid

- Whole school approach
- Interventions - THRIVE / Trauma Informed Practice
- Establishing Emotional Literacy Support Assistants (ELSA)
- Deploying SEMH staff and use of SEMH specialists

### Post-Covid

- Mental Health First Aid
- School to school support within the Trust - solution focussed and evidence based
- Increased pastoral support resources/availability
- Not panicking

## **The broader system challenges**

### **County level**

- System, what system?
- Baselineing the offer - Norfolk Learning Board
- Cracking the multi-agency conundrum

### **National level**

- Unrealistic view of capacity
- Funding gaps
- Regulator's role
- Academies agenda