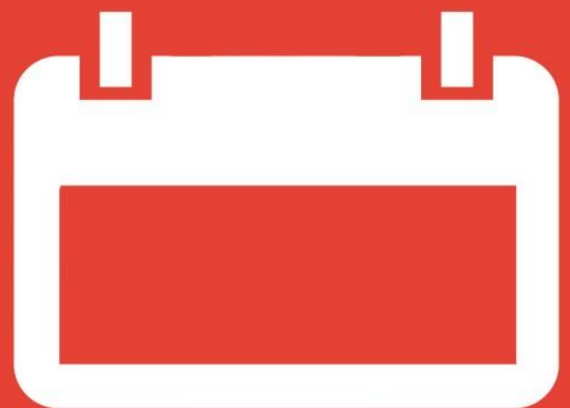


research  
in practice

***Management development programme  
for leaders of 0-19 integrated early  
intervention teams: enabling resilience  
and learning. A two day learning module***

**Programme objectives:**

- Use the anchor principles to support analysis and critical thinking in assessment
- Explore emotional responses to change and ways to deal with them effectively
- Consider methods for promoting emotional resilience in the workplace and in teams
- Develop strategies for promoting emotional resilience in individuals
- Introduce tools to support supervision practice
- Learn methods for supporting the transfer of learning to practice.



## Outline of programme, tools and exercises

### **Supporting analysis and critical thinking**

- The Five Anchor Principles
- Auditing your team's assessments
- Family case study and questions

### **Managing change:** emotions associated with change

### **Promoting relationship-based practice**

Promoting emotional resilience in your teams:

- Seven Factors of Resilience
- Your workplace

### **Promoting emotional resilience in individuals**

- Features of an emotionally resilient individual
- Tool for Practice: Individual Supervision Tool
- Tool for Practice: Team Supervision Tool
- Helping practitioners manage work related stress:
  - Sources of Stress checklist
  - Supportive Supervisory Activities checklist
  - Individual Supervisory Support checklist
  - Personal Support checklist
- Tool for practice: Audit Tool for Managers

### **Supporting the transfer of learning to practice**

- Supporting your teams and encouraging transfer
- Supporting the evaluation cycle
- Your own learning

### **Stop, Start, Sustain exercise. Reflection, action planning, references**