Medway Support for Children and Families on the Neurodevelopmental Pathway

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OUR PEOPLE AND PLACE

IN 2022 ESTIMATED POPULATION



IN 2018-20

YEARS

OUR

LIFE EXPECTANCY

282,702

2,427 DEATHS

LIVE BIRTHS

3,293

19,200 **HECTARES** Gillingham Rochester Chatham 5 MAIN Rainham **TOWNS** Strood

Medway has 37 neighbourhoods ranked in the 20% most deprived areas nationally.

14 of which are in the 10% most deprived in 2019.



HEALTHY

In Medway in 2023 median gross annual pay of a FTE was £35,800



8,815 **BUSINESSES**

OUR HEALTH AND WELLBEING

IN 2022/23 2 out of 3 **ADULTS OBESE OR OVERWEIGHT**

In 2017 38,260 people lived with a common mental health disorder

In 2020-22 there were 2,880 premature deaths; **WORSE** compared to England

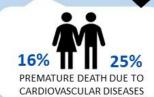
In 2022 9% of adults smoke

Premature deaths = deaths under the age of 75 years

CANCER is a major cause of premature death



CARDIOVASCULAR DISEASES are the next largest cause of premature death



There is a GAP IN LIFE EXPECTANCY between the most and least deprived deciles in Medway

Life expectancy in Medway is

WORSE THAN the England average.*

HEALTH INEQUALITIES

The main contributors to this gap are circulatory disease, cancer and respiratory disease.



7 YEAR GAP

9 YEAR GAP

Medway Public Health Intelligence Team, 2024-06-20

The gap in life expectancy has WIDENED since 2011-13









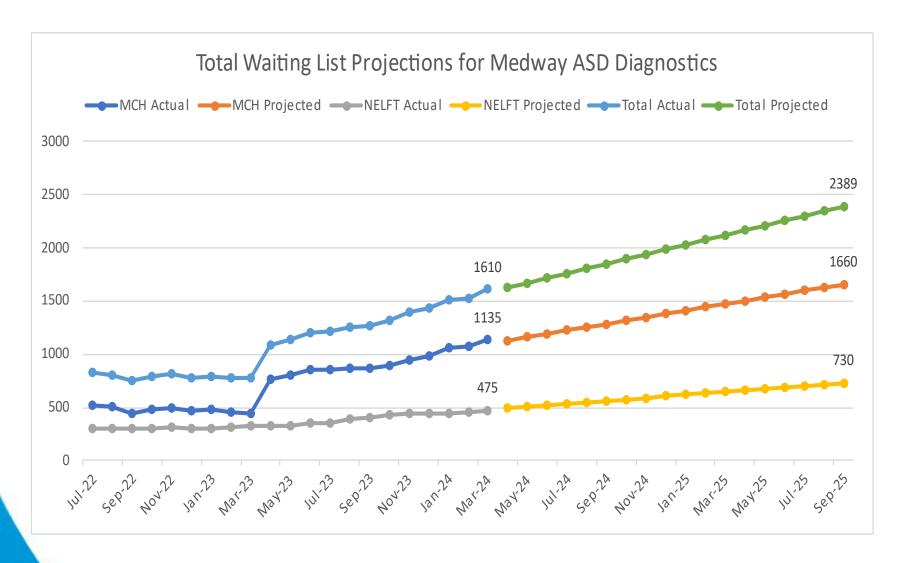


Medway Partnership Commissioning Approach

Partnership Commissioning are responsible for embedding joint commissioning between health, education, social care, and the voluntary sector to ensure the best outcomes for our children and families

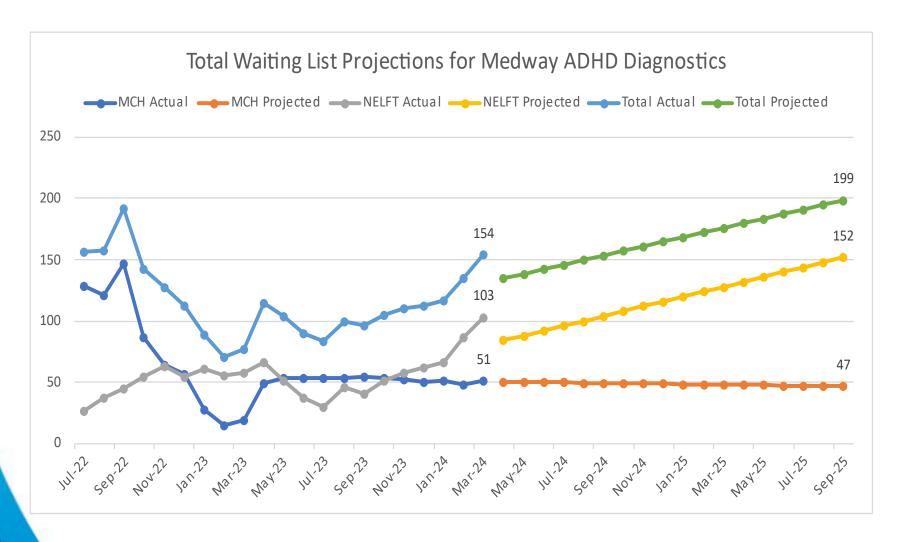


Neurodevelopmental Services for Children - ASD





Neurodevelopmental Services for Children - ADHD





Partnership Commissioning Approach

Medway Parent

Carer Forum

Triple P

conditions

NHS Schools Commissioning Pre/post Diagnostic **Training & Support** Support – coffee Commissioned inc Parenting mornings, social prescribing, programmes website Links to Emotional Wellbeing/complex Pathways via Triage and system needs including School Nurses working across ICB PBS, Long term Partnership for Commissioned Inclusion of Workshops and Small Steps from Neurodiversity in parenting course Family Action Schools (PINS) **Engagement with** Trauma Informed

System Training



Small Steps

- 1:1 Support Offered to families who have tried other options and further support is needed. Use an Outcome Star Framework.
- <u>Behaviour Clinics</u> Families can book, at a variety of venues across Medway. Bespoke strategies and support offer
- Volunteer Support Peer Support Workers with lived experience
- <u>Drop In/Coffee Mornings</u> The Peer Support Worker delivers regular drop ins/coffee mornings at the family hubs around Medway
- <u>Parenting Programmes</u> The Cygnet Parenting programme is the most commonly requested intervention at assessment stage. Also offer New Forest Programme.
- <u>Workshops</u> During each quarter Small Steps deliver approx 12 workshops to an average of 79 attendees. Topics include Autism Awareness, Sensory needs and Of these attendees, the majority are not current service users.



Referral Data for Q3 2023/24



CAMHS

Children's Social Care

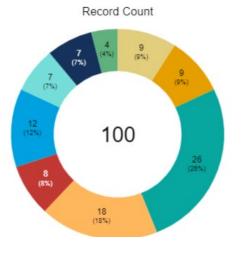
Family Solutions Team

Health Visitor

Other - please specify

School/Education

Self



MHSDS Reason for Referral

Post-Diagnosis Behaviour at Home

Post-Diagnosis Other

Post-Diagnosis Self Esteem

Pre-Diagnosis Behaviour at Home

Pre-Diagnosis Behaviour at Nursery/School/college

Pre-Diagnosis Family Relationships

Pre-Diagnosis Other

Pre-Diagnosis Self Esteem

Other



Diagnosis or concern

ADHD & ASD

ADHD

ASD (

Other concern (please give details)

Undiagnosed behavioural concern (please give details)

Other |







sendias

Family Action

Medway Small Steps Service

Supporting families with......

- Children pre and post assessment of Autism and ADHD (0-19 or up to 25 years with special educational needs).
- Positive Behaviour Support for children and young people (5-18 or up to 25 years with special educational needs).

We help empower families to.....

- Increase their self-confidence
- Reduce social isolation
- Increase knowledge and understanding about their child or young person's condition
- Promote positive parenting and improve experiences for all
- Access information and support to develop coping strategies

For any further advice or questions, please contact the Small Steps Team on 01634913219 or

MedwaySmallSteps@family-action.org.uk









